

Scientist Rebellion Reading List

1. Social Movement Theory

1. **"This is an Uprising" Paul Engler & Mark Engler**
 - the traditions of mobilisation (mass protest and structure based organising)
 - the power of hybrid models – e.g. Martin Luther King, Gandhi
 - The need to polarise public opinion and use momentum escalation
2. **"Blueprint for a Revolution" Srdja Popovic**
 - How the Serbian revolution succeeded
 - Use of "dilemma actions"
 - Use of humour and appealing to younger people
3. **"How to win. Successful procedures and mechanisms for radical campaign groups" – Roger Hallam**

Radical Think Tank text-
<https://radicalthinktank.wordpress.com/2015/12/08/how-to-win-successful-procedures-and-mechanisms-for-radical-campaign-groups/>

 - Use of conditional commitment ("I will if you will")
 - Attrition and swarm actions
 - Investment and Olympic principles
4. **"The End of Protest: A new blueprint for Revolution" Micah White**
 - A complete theory of revolution
 - Voluntarism, Structuralism, Subjectivism and Theurgism
 - The need for multiple tactics
5. **"Don't think of an Elephant" George Lakoff**
 - Use "nurturing parent" frame rather than the "strict father" frame
 - Use framing rather than arguing your point and "being right"- trigger emotion
 - Recognise there are 6 different types of progressives and appeal to them all
6. **"From Dictatorship to Democracy" Gene Sharp (PDF Available free online)**
 - Need for a grand strategy and sub strategies, also a grand narrative
 - Focus on the key pillars holding a system in place
 - Be "above ground" and say what you want (as well as what you don't want)
7. **"Counterpower" Tim Gee**
 - There are four stages to change- the four C's
 - Consciousness raising then Coordination
 - There is always a Confrontational stage (then you need to Consolidate the win)

8. **"The More Beautiful World our Hearts Know is Possible", "The Ascent of Humanity" & "Climate:A New Story"- Charles Eisenstein**
 - Grounding struggles in compassion – moving away from blame
 - Separation from ourselves, each other and nature as root causes of issues
 - Rooting our new story in "inter-being", "miracles" can flow from this
9. **Webinars on escalation/momentum organising: Ayni Institute (Carlos Saavedra et al)**
 - Making culture specific- train people in your movement DNA: Story, Strategy and Structure
https://www.youtube.com/watch?v=4VMyg_TnMXEWatch
10. **Why civil resistance works – Erica Chenoweth**
(Ted Talk <https://www.youtube.com/watch?v=YJSehRIU34w>)
 - A revolution needs up to 3.4% of the population to rise up
 - Non-violent struggles are more successful and more stable
11. **Rules for Revolutionaries- Zack Exley and Becky Bond**
12. **Hegemony How-To: A Roadmap for Radicals - Jonathan Smucker**
13. **Emergent Strategy – Adrienne Maree Brown**
 - Organising with a regenerative culture
 - Building critical relationships as a key to organising

2. Citizens' Assemblies

1. ***Against Elections: The Case for Democracy by David Van Reybrouck***
2. ***Rebooting Democracy: A Citizen's Guide to Reinventing Politics by Manuel Arriaga***
3. ***The End of Politicians: Time for a Real Democracy by Brett Hennig***
4. ***Democratic Innovations: Designing Institutions for Citizen Participation by Graham Smith***
5. ***When citizens decide: Lessons from citizen assemblies on electoral reform By Patrick Fournier, Henk Van Der Kolk, R. Kenneth Carty, André Blais, Jonathan Rose***

Films & Programmes

- [Nonviolent civil resistance - Must Watches](#)

- Aluna
- Freedom Riders- Youtube
- The Children's March- Youtube
- BBC iPlayer William Morris's utopian story "News From Nowhere"
- Key Elements in Radical Political Mobilisation
 - [Part 1](#)
 - [Part 2](#)
- [Nonviolence for Change](#)

2. Organising

1. The 7 Habits of Highly Effective People- Stephen Covey
2. The Psychology of Persuasion- Robert Cialdini
3. The Radical Think Tank -[how to organise public meetings](#)

3. Inspiration

- Viktor Frankl - Man's Search For Meaning
- Nelson Mandela - Long walk to Freedom
- Wild Geese by Mary Oliver
- Vandana Shiva
- Robin Kimmerer - Braiding Sweetgrass
- Tatterdemaelion
- Ursula K Le Guin - Earthsea
- Tao Te Ching
- Thich Nhat Hanh
- John Michael Greer
- Dark Mountain Manifesto
- Seeds of Dhamma
- Adrienne Maree Brown - Emergent Strategy
- Octavia Butler
- Charles Eisenstein
- bell hooks

Resilience:

- Eckhart Tolle - The Power Of Now, A New Earth
- Joanna Macy - The Work That Reconnects / Active Hope
 - <https://workthatreconnects.org/>
- Joanna Macy & Chris Johnstone: Active Hope, How to Face the Mess We´re in without Going Crazy.
- Hillary Rettig: The Lifelong Activist, How to Change the World Without Losing Your Way.
- Laura Van Dernoot: Trauma Stewardship, an Everyday Guide to Caring for Self While Caring for Others.

Grief, Loss & Regenerative Culture

- Stephen Jenkinson: Die Wise
- Sustaining All Life
 - <https://www.rc.org/publication/environment/sustainingalllife>
- Francis Weller - Five Gates Of Grief
- Martin Prechtel
- Sobonfu and Malidoma Some - Healing Wisdom of Africa: Grief & Recovery

The Big Picture

- Jean Paul Sartre- Nausea, Existentialism and Humanism
- Camus- The Stranger, Myth of Sypthisus

Earthy Projects, Courses & Resources

- Eco Dharma, <http://www.ecodharma.com/>
- The Ulex Project, <http://ulexproject.org/>
- The Art of Mentoring / 8 Shields, <http://8shields.org/>

- Noddfa Dawel is a retreat centre for activists in Wales, more information here: www.noddfadawel.com
- Embercombe, (will reopen in 2019), embercombe.org,
- There is an ongoing peer support group in **London** for wellbeing around the ecological crises, based on work of Joanna Macy. It's on the third Thursday of every month, 2-5pm. It's to share how we are feeling and get strength, courage inspiration support for activism or other responses to environment and social justice. It's at Meadow Orchard Community Garden Crouch End N8 see www.meadoworchard.org
- There will be monthly meetings starting soon in **Bath** and **Bristol** that will also be based on The Work that Reconnects (Joanna Macy) run by Psychology for Ecology, <https://www.facebook.com/Psychologyforecology/>

Additional texts:

- Aftershock - Patrice Jones
- Hope in the Dark - Rebecca Solnit
- Chris Johnstone: Find Your Power, a toolkit for resilience and positive change.
- Grace Lee Boggs: The Next American Revolution, Sustainable Activism for the Twenty-First Century.
- Bill Moyer, Joann Mcallister, Mary Lou Finley, and Steven Soifer: Doing Democracy.
- Andrew Boyd, and Dave Oswald Mitchell: Beautiful trouble, a toolbox for revolution.
- Wheatley, Margaret: So far from home.
- Glendingen, Chellis: Hello my name is Chellis and I'm in recovery from western civilization.
- Miriamn Greenspan: Healing through the dark emotions.
- Mary Watkins & Helene Shulman: Toward psychologies of liberation.
- William Bloom: Power of Modern Spirituality.
- Carolyn Baker: Navigating the Coming Chaos: A Handbook for Inner Transition.
- Cristien Storm: Living in liberation, boundary setting, self-care and social change.
- Victoria Law & China Martens: Don't Leave Your Friends Behind,

- Concrete Ways to Support Families in Social Justice Movements and Communities.
- Starhawk: The Empowerment Manual, a Guide for Collaborative Groups.
- Katrina Shields: In the Tiger's Mouth, An Empowerment Guide for Social Action.
- Arnold Mindell: Sitting in the fire, large group transformations using conflict and diversity.

Some articles/videos along this theme:

Joshua and Hilary; Organising cools the planet

<https://organizingcoolstheplanet.wordpress.com/>

Resilience in activism, Kevin Buckland: "Organizing Cultures of Resilience: Activism in the Anthropocene"

<http://longreads.tni.org/state-of-power/activism-in-the-anthropocene-organizing-cultures-of-resilience/>

Joy Arises, Rules Fall Apart, Rebecca Solnit (2013):

rebeccasolnit.net/essay/joy-arises-rules-fall-apart

What It Takes To Be A Rebel In Modern Times Chris Hedges/Vice:

bit.ly/1NcGM0b (Video, 15 mins)

NEON's Power & Privilege Guide:

<https://neweconomyorganisers.org/wp-content/uploads/2016/02/NEON-Power-and-Privilege-Guide.pdf>

The Dark Mountain Project: <http://dark-mountain.net/about/manifesto/>

Leticia Nieto: Beyond Inclusion, Beyond Empowerment, A Developmental Strategy to Liberate Everyone. Addressing Power and Privilege:

www.beyondinclusion.files.wordpress.com.